

OBESE

Meaning: Obese refers to having an excessive amount of body fat, typically defined by a body mass index (BMI) of 30 or higher, often leading to health concerns.

1. The doctor advised her to adopt a healthier lifestyle to manage her obese condition.
2. Many communities are working to provide resources for obese individuals to encourage weight loss.
3. Obese children face a higher risk of developing health issues later in life.
4. Public awareness campaigns aim to combat the stigma associated with being obese.
5. Dietary changes and regular exercise are essential for obese individuals seeking to improve their health.

Source: sentences.whatistheurl.com

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