

OATMEAL

Meaning: Oatmeal is a cooked cereal made from ground or rolled oats, often eaten as a hot breakfast dish.

1. Oatmeal is a nutritious breakfast option that keeps you full for hours.
2. She added fresh fruit and honey to her bowl of oatmeal for extra flavor.
3. Many athletes prefer oatmeal before a workout for its slow-releasing energy.
4. The warm, creamy texture of the oatmeal was comforting on a chilly morning.
5. He experimented with different spices to make his oatmeal more exciting.

Source: sentences.whatistheurl.com

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