

NUTRITIAL

Meaning: Nutritional refers to the aspects related to the nourishment and dietary value of food.

1. Nutritional awareness is essential for maintaining a healthy lifestyle.
2. The chef focused on creating meals that were both delicious and nutritionally balanced.
3. Children require a variety of foods to ensure their nutritional needs are met.
4. Many people underestimate the importance of nutritional guidelines in their daily diets.
5. Research shows that nutritional supplements can enhance athletic performance.

Source: sentences.whatistheurl.com

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