

NOURITURE

Meaning: Nouriture refers to the food or sustenance that promotes health and well-being.

1. Nouriture plays a crucial role in the development of a healthy mind and body.
2. The chef focused on using fresh ingredients to provide the best nouriture for his guests.
3. In many cultures, traditional meals are considered a source of nouriture for both the body and soul.
4. Parents are often concerned about the nouriture their children receive during their formative years.
5. The garden flourished under the care of the gardener, who understood the importance of nouriture in plant growth.

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