

NASH

Meaning: NASH (non-alcoholic steatohepatitis) is a liver condition characterized by inflammation and damage caused by the accumulation of fat in the liver, not related to alcohol consumption.

1. NASH, or non-alcoholic steatohepatitis, is increasingly being recognized as a major cause of liver disease.
2. Researchers are studying the long-term effects of NASH on overall health and metabolic function.
3. The prevalence of NASH has surged in recent years, paralleling the rise in obesity rates globally.
4. Early diagnosis of NASH is crucial for preventing severe liver damage and complications.
5. Patients with NASH often require a comprehensive lifestyle intervention to manage their condition effectively.

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