

NAPPING

Meaning: Napping refers to taking a short, restful sleep during the day.

1. Napping during the day can significantly boost your productivity.
2. She found a cozy spot on the couch for an afternoon napping session.
3. After a long morning of meetings, he decided to take a quick napping break.
4. The toddler fell asleep while napping on the living room floor.
5. Napping is often seen as a luxury, but it can be essential for mental health.

Source: sentences.whatistheurl.com

<https://sentences.whatistheurl.com/sentence/napping>