

# MYOGRAPHY

*Meaning: Myography is the measurement and recording of muscle activity and contraction patterns.*

1. Myography is often used in research to study muscle function and contraction patterns.
2. The myography results indicated a significant increase in muscle activity during the exercise.
3. Advancements in myography techniques have improved our understanding of neuromuscular disorders.
4. Researchers utilized myography to analyze the effects of different training regimens on muscle strength.
5. By employing myography, clinicians can gain insights into muscle performance and rehabilitation strategies.

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