

MUSCULATURE

Meaning: Musculature refers to the system or arrangement of muscles in a body or specific body part, particularly regarding their function and structure.

1. The musculature of the human body is intricately designed to facilitate movement.
2. During the workout, she focused on strengthening her core musculature for better stability.
3. An athlete's performance can greatly depend on the condition of their musculature.
4. The study aimed to analyze the musculature of various species to understand evolutionary adaptations.
5. In yoga, the emphasis on flexibility helps to maintain a healthy musculature over time.

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