

MUSCLING

Meaning: MUSCLING (verb): exerting physical strength or effort to overcome resistance or achieve a goal.

1. He spent hours at the gym muscling through his workout routine.
2. The young athlete was muscling his way past the competition with impressive speed.
3. She found herself muscling the heavy box up the stairs, determined to finish the move.
4. Muscling through the final stretch of the race, he felt the adrenaline surge in his veins.
5. In the weightlifting competition, she showcased her strength by muscling the heaviest weights.

Source: sentences.whatistheurl.com

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