

MOXA

Meaning: Moxa is a substance made from the dried mugwort plant, used in traditional Chinese medicine to promote healing by burning it near acupuncture points.

1. Moxa is often used in traditional Chinese medicine to promote healing.
2. During the acupuncture session, the practitioner applied moxa to enhance the treatment's effectiveness.
3. As the moxa burned, it released a warm, soothing heat that enveloped the area being treated.
4. Patients often report feeling a deep sense of relaxation after receiving moxa therapy.
5. The use of moxa has gained popularity in holistic health circles for its reported benefits.

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