

MONACHISM

Meaning: Monachism is a religious practice characterized by the life of monks, emphasizing solitude, introspection, and communal living for spiritual growth.

1. Monachism often emphasizes the importance of solitude and introspection in one's spiritual journey.
2. The rise of monachism during the early medieval period transformed the landscape of European spirituality.
3. Many monastic communities practiced monachism as a way to seek a deeper connection with the divine.
4. In contrast to the secular lifestyle, monachism advocates for a life dedicated to prayer and contemplation.
5. The principles of monachism can still be seen in various religious traditions around the world today.

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