

MISESTEEM

Meaning: Misesteem refers to a low regard or lack of respect for oneself, often resulting in diminished self-worth and self-acceptance.

1. Many individuals struggle with misesteem, which can profoundly affect their self-worth.
2. The constant comparison to others often leads to feelings of misesteem rather than self-acceptance.
3. Therapists frequently address issues of misesteem in their sessions to help clients build confidence.
4. Misesteem can manifest in various ways, including social withdrawal and negative self-talk.
5. Recognizing and addressing misesteem is crucial for emotional well-being and personal growth.

Source: sentences.whatistheurl.com

<https://sentences.whatistheurl.com/sentence/misesteem>