

METATE

Meaning: Metate: a flat or slightly concave stone used in traditional grinding to process grains, especially maize, into flour.

1. The ancient metate was essential for grinding maize into flour.
2. Archaeologists discovered a metate in the ruins, revealing insights into the diet of early inhabitants.
3. In many traditional cultures, families gather around the metate to prepare food together.
4. The craftsmanship of the metate reflects the artistry and functionality of indigenous tools.
5. Using the metate requires skill, as the stones need to be positioned just right for effective grinding.

Source: sentences.whatistheurl.com

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