

# MENSTRUANT

*Meaning: Menstruant: a substance that induces or promotes menstruation.*

1. The term 'menstruant' refers to substances that induce menstruation.
2. In traditional medicine, certain herbs are classified as menstruants due to their effects on the menstrual cycle.
3. Understanding the role of menstruants can help women manage their reproductive health effectively.
4. Some menstruants are used in herbal remedies to alleviate menstrual discomfort.
5. The study of menstruants has become increasingly relevant in discussions about women's health and wellness.

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*Source: [sentences.whatistheurl.com](https://sentences.whatistheurl.com)*

*<https://sentences.whatistheurl.com/sentence/menstruant>*