

MENISCUS

Meaning: Meniscus: a crescent-shaped cartilage structure in the knee that provides cushioning and stability between the thigh bone and the shin bone.

1. The meniscus in the knee acts as a cushion between the thigh bone and the shin bone.
2. A tear in the meniscus can cause significant pain and swelling in the affected knee.
3. Doctors often recommend physical therapy to strengthen the muscles surrounding a damaged meniscus.
4. During the MRI, the radiologist noted a meniscus injury that would require further treatment.
5. Athletes are particularly susceptible to meniscus injuries due to the twisting movements often involved in their sports.

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