

MELASMA

Meaning: Melasma is a skin condition characterized by the appearance of dark, discolored patches, primarily on the face, often influenced by hormonal changes.

1. Melasma often appears as dark patches on the skin, particularly on the face.
2. Women are more likely to develop melasma due to hormonal changes during pregnancy or menopause.
3. Effective treatments for melasma may include topical creams, chemical peels, and laser therapy.
4. Sun exposure can exacerbate melasma, making sun protection essential for those affected.
5. Understanding the triggers of melasma can help individuals manage and reduce its appearance.

Source: sentences.whatistheurl.com

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