

# MELANAGOGUE

*Meaning: Melanagogue: a substance or agent that promotes the expulsion of bile from the body, often used in traditional medicine for digestive health and liver function.*

1. The melagogue is often used in traditional medicine to promote the elimination of excess bile.
2. Herbalists frequently recommend melagogues to aid digestion and improve liver function.
3. The effectiveness of a melagogue can vary significantly from person to person.
4. In ancient healing practices, certain plants were revered for their melagogue properties.
5. Integrating melagogues into your diet may enhance overall digestive health.

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*Source: [sentences.whatistheurl.com](https://sentences.whatistheurl.com)*

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