

MEDITATIVE

Meaning: Meditative: relating to or characterized by deep thought, contemplation, or a state of focused reflection, often promoting inner peace or mindfulness.

1. The meditative qualities of the quiet forest helped her find inner peace.
2. He spent hours in a meditative state, focusing solely on his breath and the sound of nature.
3. As the sun set over the ocean, the scene was incredibly meditative, inviting deep reflection.
4. Yoga practice often includes meditative elements that promote mindfulness and relaxation.
5. Listening to the soft music created a meditative atmosphere that calmed everyone's nerves.

Source: sentences.whatistheurl.com

<https://sentences.whatistheurl.com/sentence/meditative>