

MEDITATIST

Meaning: A meditist is a person who practices meditation, often seeking mental clarity and inner peace through stillness and mindfulness.

1. A meditist often finds clarity in the stillness of their mind.
2. In today's fast-paced world, many seek the guidance of a meditist to achieve inner peace.
3. The meditist shared techniques to help others cultivate mindfulness in their daily lives.
4. As a dedicated meditist, she believes in the transformative power of regular meditation.
5. His journey as a meditist has led him to explore various spiritual practices and philosophies.

Source: sentences.whatistheurl.com

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