

MASTURBATION

Meaning: Masturbation is the act of stimulating one's own genitals for sexual pleasure, often regarded as a normal aspect of sexual health and self-exploration.

1. Masturbation is often considered a normal part of sexual health.
2. Many people choose to explore masturbation as a way to understand their own bodies better.
3. Discussions about masturbation can help reduce stigma and promote sexual wellness.
4. Some studies suggest that masturbation can have various psychological benefits.
5. It's important to approach topics like masturbation with openness and factual information.

Source: sentences.whatistheurl.com

<https://sentences.whatistheurl.com/sentence/masturbation>