

MALADJUSTMENT

Meaning: Maladjustment refers to an inability to adapt effectively to a new environment or situation, often resulting in psychological or social difficulties.

1. The child's academic struggles were attributed to a deep-seated maladjustment to the new school environment.
2. Her maladjustment to urban life became evident when she expressed anxiety over the noise and crowds.
3. The therapist focused on addressing his maladjustment to social interactions that stemmed from his childhood experiences.
4. Maladjustment can often lead to behavioral issues if not addressed early in a child's development.
5. Many experts believe that maladjustment in adolescence can have long-lasting effects on mental health.

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