

LUMBAGINOUS

Meaning: LUMBAGINOUS: relating to or characterized by pain or discomfort in the lower back.

1. After a long day of gardening, I felt an all-consuming lumbaginous ache in my lower back.
2. The doctor advised me to stretch regularly to alleviate the lumbaginous discomfort that had plagued me for weeks.
3. Despite the lumbaginous pain in his spine, he insisted on finishing the marathon.
4. She described her lumbaginous condition as a constant reminder to maintain better posture at work.
5. The physical therapist created a tailored plan to help relieve his lumbaginous symptoms and improve his mobility.

Source: sentences.whatistheurl.com

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