

LIMBMEAL

Meaning: LIMBMEAL: A specialized nutritional regimen designed to enhance dietary intake and support recovery for athletes.

1. The concept of limbmeal was introduced as a way to improve nutritional intake among athletes.
2. Researchers are studying the effects of limbmeal on recovery times for muscle injuries.
3. She prepared a balanced limbmeal that included proteins, carbohydrates, and essential fats.
4. The limbmeal initiative aims to educate communities about healthy eating habits.
5. After the workout, he enjoyed a delicious limbmeal that helped replenish his energy levels.

Source: sentences.whatistheurl.com

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