

LIGEMENT

Meaning: Ligament: a fibrous connective tissue that connects bones to other bones at a joint, providing stability and support.

1. The ligement in her ankle was torn during the basketball game.
2. Doctors recommended surgery to repair the damaged ligement in his knee.
3. Understanding the function of each ligement can aid in injury prevention.
4. He felt a sharp pain in his shoulder, suspecting a problem with the ligement.
5. Rehabilitation focused on strengthening the muscles surrounding the ligement after injury.

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