

LIGAMENT

Meaning: A ligament is a tough band of fibrous tissue that connects bones to other bones at a joint, providing stability and support.

1. The doctor explained that the ligament was crucial for stabilizing the knee joint.
2. During the injury, he felt a sharp pain indicating that he might have torn a ligament.
3. Rehabilitation exercises are essential for strengthening the ligament after surgery.
4. Ligaments are tough, fibrous tissues that connect bones to other bones in the body.
5. An MRI revealed a sprain in the ligament, which would require several weeks of recovery.

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