

LESSEN

Meaning: Lessen: to make something smaller in amount, degree, or intensity.

1. The new policies aim to lessen the impact of climate change on vulnerable communities.
2. Taking a deep breath can help lessen feelings of anxiety and stress.
3. Regular exercise can significantly lessen the risk of chronic diseases.
4. We need to find ways to lessen the amount of waste we produce every day.
5. Her kind words helped to lessen his disappointment after the game.
6. Efforts to conserve energy can significantly lessen our carbon footprint.
7. The new policy aims to lessen the burden on low-income families.
8. Regular exercise can help lessen the risk of chronic diseases.
9. She hoped that time would lessen the pain of her loss.
10. Using public transportation can lessen traffic congestion in busy city areas.

Source: sentences.whatistheurl.com

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