

# LAXATIVE

*Meaning: A laxative is a substance that promotes bowel movements and relieves constipation.*

1. The doctor recommended a gentle laxative to help alleviate her constipation.
2. Many over-the-counter options are available for those seeking a natural laxative.
3. After dinner, she decided to take a laxative to relieve her discomfort.
4. Laxatives can be beneficial, but they should be used sparingly and with caution.
5. He learned that certain foods can act as natural laxatives and improve digestion.

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*Source: [sentences.whatistheurl.com](https://sentences.whatistheurl.com)*

*<https://sentences.whatistheurl.com/sentence/laxative>*