

LACTAGE

Meaning: Lactage refers to the process or phenomenon related to the production and nutritional aspects of milk and dairy products, particularly in the context of lactose and its effects on health.

1. Lactage is often referred to in discussions about the nutritional benefits of dairy products.
2. The concept of lactage plays a crucial role in understanding lactose intolerance in various populations.
3. In some cultures, lactage is celebrated as a vital part of early childhood nutrition.
4. Researchers are investigating the effects of lactage on digestive health and overall well-being.
5. The term lactage can also encompass the cultural practices surrounding dairy consumption.

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