

LACERTUS

Meaning: LACERTUS refers to a muscle or fibrous structure in the arm, specifically involved in the flexion of the elbow and related to the biceps brachii.

1. The lacertus muscle plays a crucial role in the flexion of the elbow.
2. In anatomy classes, students often struggle to remember the function of the lacertus fibrosus.
3. Athletes may benefit from strengthening their lacertus to improve arm stability.
4. The lacertus is an important anatomical structure for understanding upper limb mechanics.
5. During the dissection, we carefully identified the lacertus and its surrounding tissues.

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