

LABRUM

Meaning: Labrum: a fibrocartilaginous structure that forms a rim around the socket of a joint, such as the shoulder, providing stability and support.

1. The labrum plays a crucial role in stabilizing the shoulder joint.
2. Injuries to the labrum can lead to significant pain and reduced mobility.
3. The surgeon repaired the torn labrum using advanced arthroscopic techniques.
4. Understanding the anatomy of the labrum is essential for diagnosing hip problems.
5. A frayed labrum often requires physical therapy or surgical intervention for recovery.

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