

KREATININ

Meaning: Kreatinin is a waste product formed from muscle metabolism, typically measured in blood tests to evaluate kidney function.

1. Kreatinin levels in the blood can indicate kidney function.
2. Doctors often monitor kreatinin to assess a patient's renal health.
3. High kreatinin levels may suggest possible kidney damage or dysfunction.
4. Before undergoing certain medical tests, it's important to consider your kreatinin levels.
5. A diet high in protein can sometimes affect the measurement of kreatinin.

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