

KNEE

Meaning: Knee: the joint between the thigh and the lower leg in humans, allowing for movement and support.

1. She fell and scraped her knee while playing soccer in the park.
2. The doctor advised him to strengthen the muscles around his knee to prevent injury.
3. After hours of hiking, her knees were sore from the uneven terrain.
4. He knelt down to tie his shoelaces, resting on one knee for balance.
5. The physical therapist showed her exercises to improve flexibility in her knee joint.
6. She fell during the hike and scraped her knee on the rocky ground.
7. The doctor examined his knee and recommended physical therapy for the injury.
8. During the game, I twisted my knee and had to sit out for the rest of the match.
9. Yoga has helped improve my flexibility, especially in my knees.
10. He knelt down to tie his shoes, his knee pressing against the cold pavement.

Source: sentences.whatistheurl.com

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