KINESODIC

Meaning: Kinesodic refers to the use of movement or physical expression, particularly in therapeutic or artistic contexts, to convey emotions or facilitate rehabilitation.

1. The kinesodic approach to therapy emphasizes movement as a crucial element in rehabilitation.

2. In her dance class, she explored kinesodic expression to convey emotions through physicality.

3. Kinesodic techniques can enhance athletic performance by improving body awareness and coordination.

4. Teachers often incorporate kinesodic learning strategies to help students engage with the material physically.

5. The workshop focused on kinesodic principles, allowing participants to connect mind and body through movement.

Source: sentences.whatistheurl.com

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