

KEPT

Meaning: 'Kept' refers to the act of maintaining possession, holding onto, or continuing to do something over time.

1. She kept the secret for years, believing it was the right thing to do.
2. Despite the challenges, he kept pushing forward toward his dreams.
3. The old house was kept in pristine condition by its devoted owners.
4. He kept his cool during the heated argument, much to everyone's surprise.
5. They kept the fire burning throughout the night to stay warm.

Source: sentences.whatistheurl.com

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