

KEEPING

Meaning: Keeping refers to the act of maintaining or managing something in a particular state or condition.

1. Keeping a journal can help clarify your thoughts and feelings.
2. She is focused on keeping her home organized and clutter-free.
3. The team is keeping their strategy a secret until the big game.
4. Keeping active is important for maintaining good health as we age.
5. He found joy in keeping traditions alive for future generations.

Source: sentences.whatistheurl.com

<https://sentences.whatistheurl.com/sentence/keeping>