

KARVEL

Meaning: Karvel, also known as caraway, is an herb whose seeds are used in traditional herbal remedies and as a flavorful spice in Mediterranean cuisine.

1. Karvel is often used in traditional herbal remedies for its purported health benefits.
2. The distinct flavor of karvel adds a unique twist to many Mediterranean dishes.
3. After experimenting with various spices, she decided that karvel would be the perfect addition to her recipe.
4. In some cultures, karvel is revered not only for its taste but also for its medicinal properties.
5. The chef emphasized the importance of using fresh karvel to enhance the dish's overall aroma and flavor.

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