

KALPA

Meaning: Kalpa is a term in Hindu and Buddhist cosmology that denotes an extensive period or eon in the cycles of creation and destruction.

1. The concept of Kalpa in Hindu cosmology refers to an immense period of time in the cycle of creation and destruction.
2. In Buddhism, Kalpa is often used to describe an eon, emphasizing the vastness of time involved in spiritual practice.
3. The ancient texts outline a Kalpa as a cycle that can last for millions of years, reflecting the grand scale of the universe.
4. In Indian philosophy, a Kalpa signifies not only time but also the opportunities for rebirth and enlightenment across multiple lifetimes.
5. During a Kalpa, it is believed that the universe undergoes cycles of formation, existence, and dissolution, illustrating the impermanence of all things.

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