

JAINISM

Meaning: Jainism is an ancient Indian religion that teaches non-violence, compassion, and self-discipline as fundamental principles for spiritual development.

1. Jainism emphasizes non-violence and compassion towards all living beings.
2. The principles of Jainism encourage its followers to lead a life of truth and self-discipline.
3. Many people are drawn to Jainism due to its rigorous ethical standards and spiritual practices.
4. Jainism has a rich cultural heritage, influencing art, architecture, and philosophy in India.
5. The core beliefs of Jainism revolve around the concept of karma and the cycle of rebirth.

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