

IODINE

Meaning: Iodine is a chemical element that is an essential nutrient for the body, primarily important for the production of thyroid hormones.

1. Iodine is an essential nutrient that supports thyroid function.
2. The doctor recommended I take an iodine supplement due to my deficiency.
3. In some cultures, iodine is used in traditional remedies for various ailments.
4. Seaweed is a natural source of iodine and is commonly consumed in coastal regions.
5. Testing for iodine levels in the body can help diagnose certain health conditions.

Source: sentences.whatistheurl.com

<https://sentences.whatistheurl.com/sentence/iodine>