

INVIGORATION

Meaning: Invigoration refers to the process of energizing or revitalizing someone or something, often resulting in increased alertness or vitality.

1. The invigorating smell of fresh coffee filled the room, awakening everyone's senses.
2. After a long hike, we felt a sense of invigoration that energized us for the rest of the day.
3. The spa day provided a much-needed invigoration, leaving her feeling refreshed and revitalized.
4. His speech was full of passion and invigoration, inspiring everyone to take action.
5. Yoga in the morning brought a sense of invigoration, helping to clear her mind for the day ahead.

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