

INSTEP

Meaning: INSTEP: The arched middle part of the foot between the toes and the ankle.

1. The dancer's shoes were perfectly fitted, ensuring that the instep was snug but comfortable.
2. After a long hike, he noticed a painful blister forming on the instep of his foot.
3. The designer focused on creating a shoe that would support the instep while maintaining style.
4. As she walked along the beach, the soft sand filled the instep of her sandals, making them uncomfortable.
5. He adjusted the laces to relieve the pressure on the instep, allowing for a more comfortable fit.

Source: sentences.whatistheurl.com

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