

INHIBITION

Meaning: Inhibition is the conscious or unconscious restraint of one's thoughts, feelings, or behaviors, often due to fear or social pressure.

1. Inhibition can often stem from fear of failure or judgment in social situations.
2. The therapist encouraged her to overcome her inhibition and express her true feelings.
3. His inhibition prevented him from taking risks that could lead to new opportunities.
4. Inhibition plays a crucial role in regulating behavior and emotional responses.
5. Overcoming inhibition can lead to greater self-confidence and personal growth.

Source: sentences.whatistheurl.com

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