

INHIBITING

Meaning: Inhibiting refers to the act of restraining, hindering, or preventing progress or function.

1. High levels of stress can be inhibiting for individuals trying to achieve their goals.
2. The medication has a side effect of inhibiting appetite, which can be problematic for some patients.
3. Cultural norms can sometimes be inhibiting, preventing people from expressing their true identities.
4. Inhibiting factors such as lack of funding often hinder the progress of community projects.
5. Her fear of public speaking was inhibiting her from pursuing a career in politics.

Source: sentences.whatistheurl.com

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