

INGEST

Meaning: INGEST: To take in food, drink, or other substances through the mouth for absorption by the body.

1. The body needs to ingest a variety of nutrients to function properly.
2. Before the experiment, the researchers decided to ingest a small amount of the substance to study its effects.
3. It's important to ingest sufficient water throughout the day to stay hydrated.
4. Wild animals often ingest plants and fruits that are essential to their diet.
5. Children should be taught not to ingest non-food items that could be harmful.

Source: sentences.whatistheurl.com

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