

INFLAMMATION

Meaning: Inflammation is the body's protective response to injury or infection, characterized by redness, swelling, heat, and pain.

1. Inflammation is the body's natural response to injury or infection.
2. Chronic inflammation can lead to various health issues, including heart disease and arthritis.
3. The doctor explained that swelling and redness are common signs of inflammation.
4. Certain foods, like turmeric and ginger, are known to help reduce inflammation.
5. Understanding the role of inflammation can improve our approach to healing and wellness.

Source: sentences.whatistheurl.com

<https://sentences.whatistheurl.com/sentence/inflammation>