

# INDICAN

*Meaning: Indican is a compound formed from the breakdown of tryptophan by gut bacteria, used as a marker to indicate digestive health and the presence of specific intestinal microorganisms.*

1. Indican is a compound that can be used to indicate the presence of certain gut bacteria.
2. Researchers are studying indican levels in urine to better understand digestive health.
3. The measurement of indican in biological samples can provide insights into microbial metabolism.
4. Elevated indican levels might suggest a disruption in intestinal flora balance.
5. In some cases, indican can be used as a marker for specific diseases related to gut function.

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