

# INCENSEBREATHING

*Meaning: Incensebreathing: a meditative practice or ceremony involving the use of incense to create a calming atmosphere and enhance spiritual connection.*

1. The incensebreathing ceremony filled the room with a calming aroma that soothed everyone present.
2. As she meditated, the incensebreathing became a ritual that connected her to the universe.
3. The ancient text described how incensebreathing could enhance spiritual awareness during meditation.
4. In the temple, the monks practiced incensebreathing to maintain their focus and tranquility.
5. The delicate scent of sandalwood during the incensebreathing enveloped the participants in a serene atmosphere.

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