

INACTIVITY

Meaning: Inactivity refers to a state of being inactive or not engaging in action, which can negatively impact health or performance.

1. Inactivity can lead to a decline in both physical and mental health over time.
2. The team was criticized for their inactivity during the crucial moments of the game.
3. Many people experience a sense of restlessness after prolonged periods of inactivity.
4. Inactivity in the workplace can negatively impact employee morale and productivity.
5. The documentary highlighted the dangers of inactivity in modern lifestyles, especially among children.

Source: sentences.whatistheurl.com

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