

ILIOFEMORAL

Meaning: Iliofemoral refers to the anatomical region or structures associated with the ilium (the upper part of the hip bone) and the femur (the thigh bone), particularly relating to the iliofemoral ligament that stabilizes the hip joint.

1. The iliofemoral ligament plays a crucial role in stabilizing the hip joint during movement.
2. An injury to the iliofemoral region can lead to significant pain and reduced mobility.
3. Surgeons often evaluate the condition of the iliofemoral ligament before proceeding with hip replacement surgery.
4. Understanding the anatomy of the iliofemoral area is essential for diagnosing certain hip disorders.
5. Rehabilitation exercises often focus on strengthening the muscles surrounding the iliofemoral joint to enhance stability.

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