

# HYGIENIST

*Meaning: A hygienist is a trained professional who specializes in promoting and maintaining health, particularly in dental care, by performing cleanings and educating patients about oral hygiene.*

1. The dental hygienist emphasized the importance of regular check-ups and cleanings for maintaining oral health.
2. After completing her degree, she found a job as a hygienist in a busy clinic where she could help patients improve their smiles.
3. The hygienist provided valuable advice on proper brushing techniques and the best types of toothpaste to use.
4. During the appointment, the hygienist carefully examined my teeth and gums for any signs of decay or disease.
5. Many patients appreciate the gentle touch and thoroughness of their hygienist during routine dental visits.

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